## Parent Resource List Greater Richmond Metropolitan Area and Regional Contacts (August 2007)

	Contrat	Dhana		E moil	Mahaita	Description
<u>Name of</u> Organization	<u>Contact</u> Person	<u>Phone</u>	Business Address	<u>E-mail</u>	<u>Website</u>	<u>Description</u>
2-1-1 Virginia	Denny Huff	540-985-0131	Council of Community		www.211virginia.org	
		ext 215	Services	communityservices	www.councilofcommunityse	
		540-982-2935	PO Box 598	.org	rvices.org	
American	No oposifio	888-227-6333	Roanoke, VA 24004 8219 Town Center Drive	No omoil oddrooo		Drovidoo modicino, transportation
Cancer Society,	No specific	000-227-0333	Baltimore, MD 21236	at this time	www.cancer.org	Provides medicine, transportation, and funds for adults with cancer.
VA Division	contact person		Balumore, MD 21236	at this time		Financial capabilities offered and
VA DIVISION						determined by the society. Reach
						to recovery.
American Lung	Catherine	804-267-1900	9221 Forest Hill Ave.	resourcecenter@lu	http://www.lungusa.org/virgi	Volunteer health organization for
Association of	Hamm, Director	004 207 1300	Richmond, VA 23235	ngva.org	nia/	the fight against lung disease.
Virginia		Fax:		<u>Ingra.org</u>		Special interests include: asthma,
· · · <b>3</b> ·····	Donna Reynold	804-267-5634				tobacco control, and environmental
	Com Relations					health.
Arc of Virginia	Clarissa Riely,	804-649-8481	2025 E. Main Street	criely@arcofva.org	www.arcofva.org	State wide organization advocating
J	Executive		Suite 120			on behalf of people with individual
	Director	Fax: 804-649-	Richmond, VA 23223			support needs due to mental
	Jamie Trosclair,	3585				retardation, autism, developmental
	ED					delays or other developmental
						disabilities and their families.
Arc of Virginia	Debra	888-604-2677	2025 E Main Street	dholloway@arcfip.	www.arcofva.org	State wide organization advocating
	Holloway,	ext. 103	Suite 120	org		on behalf of people with individual
	Family		Richmond, VA 23223			support needs due to mental
	Involvement					retardation, autism, developmental
	Project					delays or other developmental
Arthritis	Manager Traci Pryor	804-359-1700	3805 Cutshaw Avenue	info.va@arthritis.or	www.orthritic.org	disabilities and their families. A source of help for 1in3 Virginians
Foundation, VA	Haci Fiyu	Ext. 305	Suite 200		www.arumus.org	living with arthritis. Information and
Chapter		Toll Free:	Richmond, VA 23230	7		education services, community
Shapter		800-456-4687				programs, research, support and
						fundraising available. Part of
						National organization serving 70
						raasha organizadon oorving ro

ASK - The Association for the Support of Children with Cancer	Anne Cuomo, Executive Director	804-828-1531	PO Box 17184 Richmond, VA 23226		www.askweb.org	million + 300,000 children with arthritis and related diseases. ASK, a private, nonprofit organization, provides unique social, spiritual and financial support for children with cancer and their families.
Autism Center of VA Registry– Virginia Commonwealth University	Collin Pottie	804-827-3801 Ext. 315 Toll Free: 866-628-2268 Fax: 804-827-3822	PO Box 980489 Richmond, VA 23298- 0489	autismreg@vcu.ed U	www.vcuhealth.org/vtcc/vcu _autism_center.html	A registry available for those children with autism to help track the progression, treatment and possible cures for the disease.
Autism Society of America, Central Virginia Chapter	Bradford Hulcher, Information and Referral Specialist	804-257-0192	PO Box 29364 Richmond, VA 23242	asacv@aol.com	www.asacv.org	Support group for parents and professionals; newsletters, library, conferences, and social activities.
Bereaved Parents of the USA Mechanicsville Chapter	Carol Lowry	804-769-2491	1008 Mount Elba Road Walkerton, VA 23177 Or The Episcopal Church of the Creator, Mechanicsville, VA 23111	Chipsmom5978@e arthlink.net	No website at this time.	Support group for parents, grandparents and siblings of deceased children.
Brain Injury Association of Virginia	Christine Baggini , Director of Family Resources	804-355-5748 Toll Free (800) 334-8443; Fax (804) 355-6381	3212 Cutshaw Avenue Suite 315 Richmond, VA 23230	info@biav.net	www.biav.net	Statewide organization providing information on brain injury, referral to resources, education and advocacy. Network of support groups around the state; Richmond group of adult survivors & family members meets twice a month.
Care Connection for Children	Please contact them for a referral	804-827-1795 866-737-5965 804-827-1798	PO Box 980021 Richmond, VA 23298- 0021		www.careconnections.vcu.e	Services are provided to families and their child who has special health care needs including: care coordinators, education consultation, insurance benefits and assistance with advocacy.

Cerebral Palsy of Virginia	Kathy Pendergast (Executive Director)	757-497-7474	5825 Arrowhead Drive Suite 201 Virginia Beach, VA 23462	cerebralpalsy@cer ebralpalsyofvirginia .com	www.cerebralpalsyofvirginia .org	Serves all persons with CP and other developmental disabilities. Information, referral, advocacy, technology resource center, and respitality weekends.
Ch.A.D.D. Children and Adults with Attention Deficit Disorder		804-423-6332 or 804-379-6706	Bon Air Presbyterian 9201 W. Huguenot Road Richmond, Va 23235- 2307	junkstman@aol.co m	www.chadd.org	Support group meetings for parents and adults. Meetings held every second Tuesday at 7:30pm.
Children's Justice Center	Cheryl Frydrychowski Sharon England		Courthouse Commons 4102 E. Parham Road Richmond, VA 23228	<u>on.net</u>	No website address at this time	Provides legal advocacy for children services.
Commonwealth Autism Service	John Toscano	804-355-0300 Toll Free: 800-649-8481 Fax: 804-355-0932	2201 W. Broad Street Suite 107 Richmond, VA 23220	information@autis mva.org	<u>www.autismva.org</u>	Consultation & follow-up; training; networking for parents, consumers & professionals; collaboration with other organizations, agencies, etc.
Commonwealth Coalition of Community	Lani Bacharach	Email is the best contact.	P.O.Box 2786 Woodbridge, Va 22195	lani_bacharach@y ahoo.com	www.commcoal.org	Networking and social club to promote, include, and support people with disabilities in the community; monthly meetings (dinners).
Commonwealth Parenting Center	Elizabeth Pearce (Executive Director)	804-545-1272	4121 Cox Road Suite 110 Glen Allen, VA 23060	<u>thparentingcenter.o</u> rg	<u>www.commonwealthparenti</u> ngcenter.org	Our mission is to help families help themselves through support, education and skill development. Our focus is on <b>all</b> families. Some services we provide are individual consultations, classes and educational testing and assessment. We also have classes on infant massage which is very helpful. We have conducted the Sibshops for siblings of children with special needs.
Compassionate Friends	Kelly Farthling Jean Lane	804-254-0588	PO Box 37368 Richmond, VA 23234 or St. Mathias Episcopal Church 11300 Hugenot Road Richmond, VA	TCFRichmond@ao I.com		Grief support for people who have lost a child at any age. Monthly meetings, library, and newsletters.

Parent's Toolkit CSA - Richmond		804-768-7204 804-794-7476		kernw@chesterfiel d.gov csa.rcssg87@csac eliacs.org		Parenting class for parents of children with ADHD. It is held 2-3 times a year with priority given to Chesterfield county residents; children aged 5-11. Support group for all persons with Celiac Sprue and family members; support, recipes, vendor contacts, education; meets 3rd Mondays at Johnson Willis Hospital, Johnson Willis Drive
Cystic Fibrosis Foundation	Karen Dennis (Executive Director)	804-527-1500 Toll Free: 888-233-4682	2727 Enterprise Pkwy Suite 201 Richmond, VA 23294	<u>virginia@cff.org</u>	www.cff.org	A resource of information about cystic fibrosis whose mission is to assure the development of the means to cure and control cystic fibrosis, and to improve the quality of life for those with the disease.
Diabetes Institutes Foundation		757-446-8420 866-DIF-CURE Fax: 757-446- 8429	855 W. Brambleton Ave Norfolk, VA 23510	foundation@dif.org	<u>www.dif.org</u>	Located at Eastern Virginia Medical School in Norfolk, VA, the Diabetes Institute is one of the leading researchers in the cure and treatment of Diabetes.
Down Syndrome Association of Greater Richmond	George Williams	804-796-5141	PO Box 145 Richmond, VA 23218	info@dsgr.com DSAGRInfo@yaho o.com	www.dsgr.com	Family support group; meetings and social activities, packets for parents with newborns; referrals, networking, resources.
Foundation of Virginia, Central Virginia Chapter	or Kathy O'Hara, RN	804-751-1505	P.O. Box 980324 Richmond, Va 23298- 0324	<u>rlarkin@mcvh-</u> vcu.edu	<u>www.efva.org</u>	Support groups for persons living with epilepsy; community outreach, training for seizure/first aid; educational issues. Provides financial assistance for medication and living expenses. Epilepsy awareness day. Support group meetings 2nd Monday of the month.
Family Intervention Program: Chesterfield Community Services Board	Ed Nicely	804-748-1227	PO Box 92 Chesterfield, VA 23832	<u>nicelye@chesterfiel</u> d.gov	<u>www.chesterfield.gov</u> and use link for Family Intervention Program	Family Intervention Services are available for Chesterfield County residents with a child that has a developmental disability. Behavioral, sibling, socialization, and disability awareness supports are available.

Family Members of Children with Aspergers Syndrome	Nancy Toscano	804-553-3267	Brook Road Academy St.Joseph's Villa 8000 Brook Road Richmond, VA 23227	<u>ntoscano@sjvmail.</u> <u>net</u>	No website at this time.	A support group for families to provide knowledge and support about Aspergers Syndrome
Family Voices of Virginia	Maureen Mitchell, Director	202-494-8383 fax 703-955-7331	12617 Thunder Chase Dr, Reston, VA 20191	va_familyvoices@y ahoo.com fgallagher@medho meplus.org	http://www.familyvoices.org/ st/VA.htm	Family Voices, a national grassroots network of families and friends, advocates for health care services that are family-centered, community-based, comprehensive, coordinated and culturally competent for all children and youth with special health care needs; promotes the inclusion of all families as decision makers at all levels of health care; and supports essential partnerships between families and professionals.
G.I.F.T.S.: Giving Individuals a Future Through Skills	Lisa Mansini	804-651-9938	1756 Early Settler's Rd. Richmond, VA 23235	specialneedgifts@y ahoo.com	www.geocities.com/specialn eedgifts	Support network for adults with children who have special needs or learning difficulties.
GRACE: Greater Richmond Autism Coalition for Equality	Deanna Parker	804-257-9007	P.O.Box 314 Mechanicsville, Va 23111	parkerdl@unos.org		Parent education, advocacy, and support group for parents or any person raising/caring for a child with autism or related pervasive developmental disorder. Meets 2 <sup>nd</sup> Friday of each month at 7pm.
HADDA: Hyperactivity/ Attention Deficit Disorder Association	Pat Ellis	804-781-0219	Shady Grove United Methodist Church 3280 Black Creek Dr. Mechanicsville, VA 23111	ellisps@aol.com	No website address at this time	Parent support group.
Infant and Toddler Connection of Glen Allen- Henrico	Theresa Edwards	804-727-8372	10299 Woodman Road Glen Allen, VA 23060- 2798	<u>tate.va.us</u>	No website address at this time	Early intervention services for young children through age 2 with developmental disabilities for residents of Charles City, Henrico County, and New Kent.
Infant and Toddler Connection of Richmond	Leslie Snead Deana McGuire Buck	804-828-2742 (804) 827-0198	700 E. Franklin St. PO Box 843020 Richmond, VA 23284- 3020	lasnead@vcu.edu dbuck@vcu.edu	www.vcu.edu/richmondinfan tcouncil/	Early intervention services for young children with developmental disabilities for residents of the City of Richmond.

Infant and Toddler Connection of Chesterfield	Carol Granger	804-768-7205	60801 Lucy Corr Court PO Box 92 Chesterfield, VA 23832	grangerc@chesterf ield.gov	www.co.chesterfield.va.us/it tc/default.asp	Early intervention services for young children ages birth to 3 with developmental disabilities who are residents of Chesterfield County.
Infant and Toddler Connection of Goochland- Powhatan	Chris Power	804-598-2200 24 Hour Emergency 804-598-2697 Fax: 804-598- 3114	3910 Old Buckingham Rd., Powhatan, VA 23139	cpower@co.goochl and.va.us	www.gpcsb.org	Early intervention services for young children with developmental disabilities who are residents of Goochland and Powhatan.
Infant and Toddler Connection of Hanover	Karen Walker Director of Special Ed	804-365-4593	200 Berkley Street Ashland, VA 23005- 1399	No email address at this time	No website address at this time	Early intervention services for young children with developmental disabilities who are residents of Hanover County.
International Dyslexia Association: Virginia Branch	Carolyn Russ Exec Assistant	804-285-1946 800-988-8336	PO Box 17605 Richmond, VA 23226	<u>vbida@hotmail.co</u> <u>m</u>	www.interdys.org/servelet/vi ewbranch?branch_id=40	Resources for parents and professionals; annual statewide conventions. Support groups for adults with dyslexia (but no parent support group).
Learning Disabilities Association of Richmond	Charlene Lee, President	804-754-0231 Parenting class #	Jewish Community Center of Richmond 5403 Monument Ave. Richmond, VA 23226	info@ldavirginia.or g	No website address at this time	Parent support group with state and national affiliations.
Medical Home Plus	Dr.Colleen Kraft, Medical Director	877-264-8366 804-330-5030	8719 Forest Hill Ave. Bon Air, VA 23235	<u>cjones@medhome</u> <u>plus.org</u> <u>ckraft@medhomepl</u> <u>us.org</u>	http://medicalhomeplus.org/	Facilitates access to supports and services for children with special health care needs, including behavioral and mental health. MHP provides continuing education for primary care physicians, parents, and other community providers. MHP is home for Family Voices and PACCT(Parents and Children Coping Together).
Muscular Dystrophy Association	Rebecca Niedzwecki	804-285-2961	8001 Franklin Farms Dr. Suite 139 Richmond, VA 23288	richmonddistrict@ mdausa.org	www.mdausa.org	New patient packets; support group for adult; no parent support group at this time.

National Kidney Foundation of VA, Inc.	Eleanor W. Myers (Vice President)	804-288-8342 Toll Free: 888-KIDNEY-8	2601 Willard Road Suite 103 Richmond, VA 23294	welcome@kidney.o rg	<u>www.kidneyva.org</u>	Volunteer, non-profit health agency whose mission is to prevent kidney and urinary tract diseases, to improve the health and well-being of individuals and families affected by these diseases, and to increase the availability of all organs for transplantation.
National Spinal Cord Injury Association, Old Dominion Chapter		804-726-4990 National: 800-962-9629	PO Box 8326 Richmond, VA 23226	info@odcnscia.org	www.odcnscia.org	Information and referral services for SCI survivors and their families; peer and family support groups; prevention programs in schools. Quarterly meetings scheduled now meet monthly.
Parent Resource Center: Hanover	Danette Hodges	804-365-4596	201 Archie Cannon Dr. Ashland, VA 23005	hanoverprc@hano ver.k12.va.us	www.hcps.us/instruction/par entresource/default.htm	Provide support, resources and information for parents of special education students of Hanover County.
Parent Resource Center: Henrico	Jane Carlucci	804-343-6523	2401 Hartman St. Richmond, VA 23223	SRCHASE@HENR ICO.K12.VA.US	www.co.henrico.va.us/scho ols/parentres.html	Provide support, resources and information for parents of special education students of Henrico County.
Parent/Teacher Support Center: Richmond	Jane Brinkley Parent Coord.	804-780-4052	Richmond Technical Center, North 2015 Seddon Way, Room 205 Richmond, VA 23230	jbrinkle@richmond. k12.va.us	www.richmond.k12.va.us	Provide support, resources and information for parents of exceptional education students of Richmond.
Parent/Teacher Resource Center: Chesterfield County Public Schools	Charlene Lee	804-743-3703	Thomas Fulghum Center 4003 Cogbill Rd. Richmond, VA 23234	<u>cmlee@chesterfiel</u> <u>d.k12.va.us</u>	http://chesterfield.k12.va.us/ htm/parents_pages/ptrc/par ent_teacher_center.htm	Provides support, resources and information for parents of special education students of Chesterfield County.
Parent-to-Parent	Yarbrough,	804-795-1481 804-795-1486 fax	PO Box 38341 Richmond, VA 23231	ptpofva@aol.com	<u>www.ptpofva.com</u>	The state Parent to Parent office provides training and technical assistance to families and providers on best practice in supporting families with children with disabilities. Feature programs include parent matching for IEP support and training on coordinating health care supports.

Virginia Federation of Families	Vicki Hardy- Murrell	804-559-6833	PO Box 26691 Richmond, VA 23261- 6691	pacct@infionline.n et	www.pacct.net	"A support group for support groups." Mini-grants for parent support groups; newsletter and lending library; develops and maintains state network of local support groups and promotes statewide advocacy network.
Parents of Allergic Children	Paula Bush	804-739-1495	St. Mark's United Methodist Church PO Box 1808 Midlothian, VA 23113	<u>queries@parentsof</u> <u>allergichildren.org</u>	www.parentsofallergicchildr en.org	Support group for parents of children with learning or behavioral problems due to allergies. Meets on the 1 <sup>st</sup> Friday of every month at 10:30 am.
Partnership for People with Disabilities	Fred Orelove	804-828-3908 Fax: 804-828-0042	700 E. Franklin Street 10 <sup>th</sup> Floor PO Box 843020 Richmond, VA 23284- 3020	forelove@mail1.vc u.edu	www.vcu.edu/partnership	This University Center for Excellence in Developmental Disabilities works to increase choices for individuals, change systems, improve services and affect public policy.
PEATC: Parent Educational Advocacy Training Center	Pierre Ames Cherie Takemoto, ED	Toll Free: 1-800- 869-6782 Local/TDD: 804-819-1999 Fax: 804-819-1990 Main Office – Springfield 703-923-0010	2922 West Marshall St. Richmond, VA 23230 100 N Washington St. Suite 234 Falls Church, VA 22046- 4523	partners@peatc.or g	www.peatc.org	Training for parents and professionals working with children with disabilities on how to negotiate special education rights and processes for obtaining services and supports for their children.
Respite Resource Project	Monica Uhl	804-828-8587	700 E. Franklin Street 11 <sup>th</sup> Floor, Room 1110 Richmond, VA 23284	muhl@vcu.edu	No website address at this time	Respite service directory, summer camp listings, resource lending library and family resources.
Richmond Area Cleft Lip & Palate Association	Patty Moffitt	804-794-1564	13611 Hailsham Circle Midlothian, VA 23113	No email address at this time	No website address at this time	Partnership between parents and health professionals. Provides support for new parents, and for people with the condition and their families, from infancy through adulthood.

Greater Richmond SCAN's Family Support Program	Angela Merritt Verdery, MSW	804-257-7226 ext 4 To Report Abuse: 800-552-7096	1506 Staples Mill Rd. Suite 203 Richmond, VA 23230	averdery@grscan.c om	www.grscan.com	Parenting groups and simultaneous children's groups throughout Richmond. Gives the support and tools parents and care-givers need to build healthier relationships with their children; assessment, referrals, case management, and counseling services.
SENSE, Parent Advocacy Network	Lauren M. Rokenbrod, Director	No number at this time.	No address listed.	Imrokenbrod@com cast.net	<u>SENSErichmond@yahoogr</u> oups.com	S.E.N.S.E Parent Advocacy Network is a Richmond-based group designed to assist parents or caregivers of children diagnosed with Sensory Processing Disorder (SPD). Members and guest presenters help each other make SENSE out of Sensory Processing Disorder through Education, Networking, Support, and Encouragement. The group meets on the 2nd Monday of each month at St. Edwards School, Room 105, 700 Dolfield Drive, Richmond, VA 23235.
SipShops @Bon Secours	Please call for more information.	804-545-1CPC (804-545 – 1272)	Commonwealth Parenting Center 4121 Cox Road Richmond, VA 23060	info@commonweal thparentingcenter.o rg		For siblings of children with special health care needs. Meet one morning/afternoon for a workshop of socializing and fun Most meetings held in Bon Secours Family Health Institute Education Center (Innsbrook Ironworks Building).
SNAP: Special Needs Advocate for Parents	Marla Kraus, Exec Director	1-888-310-9889	248 Columbia Turnpike Bldg 3, LL Fordham Park, NJ 07932	info@snapinfo.org	www.snapinfo.org	Medical Insurance problem-solving, special needs estate planning, individualized assistance in locating+ resources from nationwide database, quarterly educational newsletter, and informative articles, archived newsletter articled and resource links.
SNAP: Supporting the Needs of Autistic Parents'	Joe Maciejczyk	804-501-2820	4801 Stony Creek Parkway Chester, Va 23831	http://health.groups .yahoo.com/group/ SNAP-Chesterfield/	jmaciejczyko@comcast.net	Information and support for parents of children newly diagnosed with Autism.

Special Olympics of Virginia Spina Bifida Association	Rick Jeffrey President Kathy O'Hara	804-346-5544 Toll Free: 800-932-GOLD 804-828-3862	3212 Skipwith Rd. Suite 100 Richmond, VA 23294 1510 Darrell Dr. Midlothian, VA 23113	rjeffrey@specialoly mpicsva.org kaohara@vcu.edu	www.specialolympicsva.org No website address at this time	State program of sports training and athletic competition for children and adults with Intellectual disabilities. New parent packets; networking and annual newsletters.
Virginia SIDS Alliance	Pat Franco	800-849-7437	P.O. Box 15578 Chesapeake, Va 23328	info@vasids.org	www.vasids.org	Parent and grandparent support groups, newsletter, and outreach. Meet 2 <sup>nd</sup> Tuesday every month from 6-7:30pm.
Tourette Syndrome: Association of Greater Washington	Lyn Mox Exec Director	877-295-2148 Office 301-681-4133	33 University Blvd East Silver Spring, MD 20901-2485 (Chapter Address)	tsagw@aol.com	www.tsagw.org	Offers resource ideas and networking. A local chapter of the Tourette Syndrome Association of Washington.
Lives Worth Saving Hotline		1-800-637-2316			www.thearclink.org/news/art icle.asp?ID=697	A transplant hotline for persons with disabilities and their families. The hotline provides people with disabilities with authoritative information on organ transplantation and how to maximize one's chance of being listed and transplanted.
Virginia Board for People with Disabilities	Henry Street	804-786-0016 800-846-4464 804-786-1118	202 N. 9 <sup>th</sup> Street 9 <sup>th</sup> Floor Richmond, VA 23219	No email address at this time <u>Henry.Street@vbp</u> <u>d.virginia.gov</u>	<u>www.vaboard.org</u>	The Board encourages public comment on its planning activities and at Board meetings, and encourages individuals to contact the Board with needs information or concerns about disability-related issues. The Board offers two statewide self- advocacy training, Partners In Policymaking and Youth Leadership Forum.
Virginia Fragile X Resource Center	Michelle Rocker	434-964-1283	4213 Kingcrest Parkway Richmond, Va 2321	vafragile@yahoo.c om	www.fragilex.org/html/virgini a.htm	
Virginia Leadership Excellence in Neurodevelop- mental Disabilities	Janet Willis	804-828-0073 Fax: 804-828-0098	1000 E. Marshall Street Room 320 PO Box 980405 Richmond, VA 23298- 0405	jwillis@mail2.vcu.e du	www.vcu.edu/partnership/V a-LEND/	Interdisciplinary training and leadership development program for health professionals and related disciplines to develop advanced clinical skills and leadership abilities in the field of childhood

(Va-LEND)						neurodevelopmental disabilities.
Virginia Safe Kids	Corri Miller- Hobbs	804-628-2077	PO Box 985917 Richmond, Va 23298	cmillerhobbs@mcv h-vcu.edu		Part of National Safe Kids-the first national org dedicated solely to the prevention of unintentional injuries
						in children 14 and under.
Virginia Sickle	Jene Shipman	804-828-4879	Department of Pediatrics	jshipman@vcu.org	www.views.vcu.edu/pediatri	Medical and related treatment and
Cell Awareness			PO Box 980158		<u>cs/vascap</u>	follow-up for patients; matching
Program			Richmond, VA 23298			sickle cell families for support.